

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Lakes Life Care Center, Forest Lake

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Goal: To Support, encourage and assist women in carrying their pregnancies to term, and to assist in caring for their babies after birth of the Forest Lake and surrounding communities.

For the period/quarter: July 1, 2017 – September 30, 2017

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide guidance to all grant staff Attend required grant meetings Hire and train volunteers and staff as needed Staff assessment Other staff administrative duties		Continuing education training for nurses and teaching volunteers on resources available in our community for clients. Adoption education for all staff. Provided training for evaluation program.	
Outreach	Advertising and publicity ventures Community education and contact activities Efforts at increasing capacity		Hired an unpaid intern to help with connecting with local social service agencies. This way we will be able to connect with more agencies in and around our community. Advertising is expanding to Google ad words, local circulars, and grocery stores. New clients are stating that they are seeing our ads.	
Car Seat Program	Activities: Provide car seat education, car seat installation and car seat distribution to	3	We have been referring clients to the Forest Lake Police Dept for help in this area. We have a car seat clinic coming up in April and will be providing several clients with carseats and training.	0

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Parenting Education	<p>Program name: Earn While You Learn and Parent Support Group</p> <p>Activities: Earn While You Learn and parenting support groups:</p> <p>Some topics include: Infant care, Discipline, Happiest Baby, Finding appropriate Child Care, Insurance needs, budgeting, bonding with your child, benefits of breastfeeding</p> <p>Provide incentives for participation – diapers, wipes, formula, baby clothes & equipment and maternity clothing.</p>	30	<p>Parenting classes dropped slightly this quarter. This is a normal phenomenon as clients have their babies they tend to drop off the program for a while as they adjust to having a baby at home. Also, 2 clients babies had their first birthday and can no longer be counted as a PA client.</p>	26
Pregnancy Education	<p>Program name: Earn While You Learn and Parent Support Group</p> <p>Activities: Earn While You Learn, parenting support classes:</p> <p>Some topics include Prenatal classes (as a learning activity, not prenatal medical care), Childbirth education classes, Smoking cessation, Alcohol/drug cessation, Prenatal nutrition, Your developing baby, Ultrasounds, Reducing the risk of SIDS</p>	30	<p>We have had 2 more prenatal clients join this program this quarter. Clients are coming weekly and all 5 teaching volunteers have regular clients that they are seeing. Volunteers are reporting that their clients are asking good questions and are very interested in learning.</p>	52
Provide Necessary Services to all	<p>Provide intake assessment to determine need.</p> <p>Provide women with information on, referral to and</p>	3	<p>We provide assessment on all clients we see, most of which will utilize our program services in some way. In the last quarter we have given outside referrals for: Baby Blanket, Community Helping Hand, Food Shelf, workforce center, and MN Sure. We keep an updated referral list and</p>	12

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clients	assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals		visit social service agencies before we add them to the list.	
Provide Necessary Services Assessments Only	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	3	Most clients that come in for help are also receiving help with in our program. Through coming to classes, ultrasound, etc...we are able to provide them with the necessary services that they need and are available in our area.	2
Ultrasound	Activities: Limited Obstetrical Ultrasounds, client assessment, intake and counseling	12	Pregnancy tests dropped slightly this quarter which directly affects this program...fewer pregnancy positive tests = fewer ultrasounds.	10

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	3
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	3
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	0
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	0
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	0

Challenges: Texting reminders seems to be helping with our issue of clients failing to show up for classes. This does not, however, take care of the problem of clients who make appointments online failing to show up. About 50% of clients who make online appointments for pregnancy and STI tests still do not show up.

Comments:

We are happy to report that we will be purchasing a new ultrasound machine with 3D technology. We have been fundraising for about a year and have reached our goal. We hope to see new clients with the press release and other media that will go along with receiving this new machine.